

Glen's Gear List - PCT Section A (partial) - Border to Scissors Crossing

3 trail days/2 nights, 77 Miles, Mar 31 - April 2, 2008

daytime highs in 60's, nighttime low to 30, one day of showers

item	description / notes / rationale	in pack	wear / carry	consume	total
<b>PACK - SHELTER - SLEEPING</b>					
backpack	GG Murmur (with waist belt and pocket)	7.9			
waterproof pack cover	Mylar turkey bag	0.5			
sleeping pad	GG Thinline 3/8" - 30" l, 12-16" w	2.1			
sleeping pad	tailbone pad	0.1			
shelter	GG The One (seam sealed)	17.6			
shelter support (poles, etc.)	(Using trekking poles)	0.0			
shelter stow sack	None	0.0			
stakes	4 TiGoat shorts, 2 TiGoat longs	1.3			
stake bag	None	0.0			
guylines	Included in tent	0.0			
sleeping bag	GG Sleepight Plus (long) (prototype)	21.0			
ground sheet or bivy sack	None - bathtub floor on shelter	0.0			
<b>CLOTHING</b>					
underwear - bottoms	Ex Officio nylon boxers		3.7		
base / wicking layer top	SEKRI polypro LT		6.6		
base / wicking layer bottom	REI coveribles (tall)		13.1		
insulating top	None - wear sleeping bag	0.0			
insulating bottoms	none	0.0			
raingear (hard shell) top	GG Driducks	5.4			
raingear (hard shell) bottoms	GG Spinnchaps	1.5			
waterproof glove shells	None	0.0			
windgear (soft shell) top	None	0.0			
windgear (soft shell) bottoms	None	0.0			
warm gloves	Possumdown	1.2			
warm hat	Possumdown	1.7			
sun hat	Tilley		3.3		
neck protection	Bandanna		0.9		
socks	Injinja Coolmax mini-crew toe socks		1.8		
socks	Over-socks nylon/lycra		0.5		
spare socks	Coolmax	1.3			
sleeping socks	Possumdown	1.6			
gaitors	Simblissity		1.8		
shoes	Golite Sun Dragon size 12		30.2		
clothing stuff sack	Cuben fiber (homemade)	0.4			
<b>COOKING - WATER</b>					
stove	TD 'gram cracker' esbit stand	0.1			
windscreen	TD Caldera	1.0			
fuel bottle	Platy Lii Nipper	0.7			
matches / lighter	Mini lighter	0.4			
cook pot	TD Fosters can	0.9			
cook pot lid	Cat food can	0.1			
misc cooking	AGG Fosters Cozy	0.6			
cook kit stuff sack	TD	0.2			
misc cooking	Cozy for Glad Simply Cooking bags	0.8			
drinking mug	Plastic water bottle cut-off	0.6			
utensils	McFreeze spoon	0.2			
food storage bag	Spinnaker 'grocery bag'	0.6			
bear bag hang system	None	0.0			
water storage	3 liter platypus Hoser with cap	1.5			
water storage	2 liter platypus Hoser	1.2			
water storage	1.5 liter aquafina bottle	1.5			
hydration	Platypus drinking tube	2.7			
water treatment	GG Aquamira in mini bottles	1.0			
<b>MISCELLANEOUS ITEMS</b>					
flashlight / headlamp / knife	Fenix L0D, derma-safe knife on lanyard		1.3		
trekking poles	GG Lightrek 130 cm (2007)		6.0		
headnet	none	0.0			
bug dope	none	0.0			
sun	Dr. Outdoors	0.9			
toothbrush	GG Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
hygiene	Dr. Bronner's soap	0.3			
toilet paper	1/2 disposable shop towel per day	0.3			
hygiene	small bottle alcohol gel	0.6			
LNT kit	3 mil bags for packing out used TP	0.5			
small mesh bag	North Face	0.3			
blister & minor wound care	antibiotic, bandaids, compeed, etc	0.9			
blister & minor wound care	liquid bandage	1.5			
meds	Imodium, Tums, tylenol pm, naproxin, etc	0.7		0.8	
notes	Sheet of waterproof paper, Sharpie	0.7			
firestarting kit	Sparker and tinder	0.2			
repair	duct tp, needle, thread, sfty pin, razor bld	0.3			
reading glasses	i4Ulenses	0.2			
sunglasses on cord	Maui Jim titanium		1.5		
watch	Suunto Observer titanium		2.7		
compass	(on watch)	0.0			
camera (documentation)	Casio Exilim		5.4		
maps and permits		1.2			
<b>CONSUMABLES</b>					
food - snacks	3 days at 1.5 lbs.			72.0	
water	2 L average carried			64.0	
fuel	1 esbit per day			1.5	