

Glen's Gear List - San Rafael Mountains (above Santa Barbara, CA)

3 days/2 nights on trail, approx 50 miles, Jan 2007, highs up to low 60s, lows in teens

With GG customers Paul Cronshaw, Rik Christensen, hot breakfasts and dinners.

Extra warmth packed for anticipated mornings and evenings around camp.

item	description / notes / rationale	in pack 5.11	wear / carry 5.02	consume 6.68	total 16.81
PACK - SHELTER - SLEEPING					
backpack	GG prototype Murmur (prototype)	7.1			
waterproof pack cover	GG pack liner bag - cut down	1.0			
sleeping pad	GG Thinlight 3/8" - 30" l, 12-16" w	2.1			
sleeping pad	tailbone pad	0.1			
shelter	GG Cuben wedge (prototype)	2.7			
shelter support (poles, etc.)	(Using trekking poles)	0.0			
shelter stow sack	None	0.0			
stakes	4 GG Tite-Lite titanium	1.0			
stake bag	None	0.0			
guylines	Included in shelter	0.0			
sleeping bag	GG Sleepight Plus(long) (prototype)	22.0			
ground sheet or bivy sack	GG Polycryo - small	1.2			
CLOTHING					
underwear - bottoms	Athletic support briefs		3.7		
base / wicking layer top	Icebreaker superfine zip T		9.6		
base / wicking layer bottom	REI tall Nylon Supplex Convertibles		13.1		
insulating top	Montbell quilted down vest	4.2			
insulating bottoms	Icebreaker superfine tights	7.1			
raingear (hard shell) top	GG Driducks (old style XL)	5.7			
raingear (hard shell) bottoms	None	0.0			
waterproof glove shells	None	0.0			
windgear (soft shell) top	None	0.0			
windgear (soft shell) bottoms	None	0.0			
warm gloves	Possumdown gloves	1.2			
warm hat	Possumdown	1.7			
sun hat	Tilley		5.0		
neck protection	Bandanna		0.9		
socks	Smartwool Light Runner		1.7		
spare socks	Injinja toe socks	1.5			
sleeping socks	Fleece	1.7			
shoes	Montrail		35.2		
clothing stuff sack	Cuben fiber (homemade)	0.4			
COOKING - WATER					
stove	Esbit tray and pot stand	0.4			
windscreen	Titanium foil	0.2			
fuel bottle	None - esbit	0.0			
matches / lighter	Mini lighter	0.4			
cook pot	David Lewis Heineken pot	1.0			
cook pot lid	David Lewis lid	0.2			
pot holder	Homemade gripper	0.2			
drinking mug	None	0.0			
utensils	GG bamboo spoon	0.3			
food storage bag	Spinnaker	0.6			
bear bag hang system	GG spectra 750 (40'), rock bag (mesh)	1.2			
water storage	GG 2 liter platy	1.1			
water storage	1 liter plastic sport water bottle	0.7			
hydration	GG platy drinking tube	2.7			
water treatment	GG Aquamira in mini bottles	0.2		0.6	
MISCELLANEOUS ITEMS					
flashlight / headlamp / whistle	Arc AAA, knife on lanyard		1.0		
trekking poles	GG Lightrek Super 130 (pr) (prototype)		5.9		
headnet	Simblissity	0.0			
bug dope	DEET	0.0			
sun	Dr. Outdoors	0.9			
toothbrush	GG Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
hygiene	Dr. Bronner's soap	0.3			
toilet paper	1/2 disposable shop towel per day	0.5			
small mesh bag	North Face	0.3			
blister & minor wound care	antibiotic, bandaids, compeed, etc	1.0			
meds	Imodium, Tums, tylenol pm, naproxin	0.4		0.3	
notes	Rite in Rain, Sharpie	1.0			
firestarting kit	Sparker and tinder	0.2			
repair	duct tp,needle,thread,sfty pin,razor bld	0.3			
sunglasses on cord	Maui Jim titanium		1.5		
watch	Suunto Observer titanium		2.7		
compass	(on watch)	0.0			
camera (documentation)	Casio Exilim	5.4			
reading glasses in case	I4u	0.2			
maps and permits	3 - 8.5 x 11 waterproof topos	1.2			
CONSUMABLES					
food	3.0 days at 1.5 lbs			72.0	
water	1 L average carried			32.0	
fuel	Esbit - 2 tablet at 1.0 oz. per day times 2.5			2.0	