

Sub 5 lb. Thru-hike baseweight

Pacific crest Trail Thru-hike 2007

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Thru-Hike Gear List	Ounces
Pack Homemade (Combination 1.3, and 2.2 ripstop, silnylon) Padded shoulders and belt, trekking pole rack, and water bottle pocket. My design	3.9
Sleep and Shelter System	
Sleeping bag Western Mountaineering Summerlite	19.2
Bivy Cover Custom zippered Titanium Goat	5.3
Sleeping Pad trimmed torso from Gossamer gear	2.5
Cuben Fiber Tarp/Poncho (Monty's design)	2.5
Stakes 8 titanium and Dacron Cord	2.0
Kitchen	
Pot Foster's Beer Can	
Pop can material stove	
Wind screen and lid foil	1.0
plastic spoon	See misc
Small Bic lighter low on fuel (full 0.5 oz.)	.3
Extra lighter when mail lighter is not full	See misc
Razor blade	See misc
Water	
2-.5 L water bottle	.9
2-2.5 liter Platypus	4.2
Water treatment Bleach for 60-240 pints of water	See misc
Clothing	
Montbell down inner jacket XL	7.9
Long Sleeve shirt REI MTS Lightweight	7.2
Long Underwear Patagonia Capeline midweight	6.5
Heavy Sleep Socks	3.5
Montbell wind jacket XL	3.0
Montbell wind pants L	2.0
Gloves Mountain Hardware Powerstretch	1.4
½ Bandana in pocket (one more ½ optional 10g/.3)	0.3
Balaklava Mountain Hardware Powerstretch	1.4
Gallon Ziplock	0.3
Other	
Repair Kit- Needle, dental floss and ripstop material	See misc
toothbrush	See misc
Headlamp(own design) white LED-adjustable head mount(add 0.2 for Washington)	.2
Tall kitchen trash bag (delicate-replace often) (add on for heavier type bag)	0.7
Spin cloth food bag (home made) carried only for bear bagging in Sierra	0.3
MISC Spoon, earplugs, bleach dropper bottle, repair kit, toothbrush, waterproof matches, in a Ziploc	0.9
Total cold weather pack	4 lbs 13.4 ozs.

Weight decreased with warmer weather and water availability.