

Ultralight and Ultracheap - 10 lbs and \$200

Courtesy of Gossamer Gear customer Mark Henley, flash582@yahoo.com

<u>Core</u>	<u>What</u>	<u>Approx. Wt. (oz.)</u>	<u>Approx. Cost</u>
Pack	High Sierra 2000 cu in "Expandable Daypack" (armysurplusforless.com)	32.0	\$19
Shelter/Rain Gear	Outdoor Products Multi-Purpose Poncho Long (campmor)	9.0	\$14
Bivy	Slumberjack "Bivouac Cover" (armysurplusforless.com)	7.0	\$33
Line	100' of Braided line - Walmart (in the Yarn Section)	4.0	\$2
Stakes	8 coat hanger stakes (homemade)	2.0	\$0
Bug Bivy	1 yards (3 ft x 5 ft) of Walmart Wedding Veil material at \$3 per yard and Mini Caribiner	4.0	\$4
Sleeping Bag	Slumberjack Telluride 30 degree bag (The Sportsmans Guide)	51.0	\$40
Insulation	72 x 20 - 1/2 inch blue foamy from Walmart	7.0	\$6
Pillow, stuff sacks	Small Garbage Bags	1.0	From Home
Map	Map	In Pocket	Download
Treking poles	Wooden stick from along trail	Carried	Free
 <u>Kitchen</u>			
Pot & stove	Homemade Pepsi Can Stove/ Foil Lid/ Beer Can Pot w/ Wire Bail/Wendy's spoon	3.0	From Home
cozy	acrylic hat for a Cozy (Walmart)	1.0	\$1
Fuel Container	Empty 12 or 16 oz soda Bottle	1.0	From Home
Water Treatment	Iodine tablets and Vitamn C tablets	3.0	\$3
Water Bottles	3 one liter wide mouth soda or water Bottles	3.0	From Home
Bear Bag	Line from 100' roll above, mini caribiner, and Walmart shopping bag	1.0	\$1
Water Bag	Gallon Ziplock from Kitchen	0.1	From Home
 <u>Clothes</u>			
Shell	Ployester Tee Shirt from Walmart	Worn	\$6
Insulation	Campmor 200 wt Fleece jacket	14.0	\$26
Gloves	Gloves - lightweight	2.0	\$1
Hat	Knit Hat	1.0	\$1
Neck Protection	Bandana around neck	Worn	\$1
Extra Socks	Walmart Wool Blend	3.0	\$3
Pants	Cheap Nylon Running Pants from Walmart	Worn	\$12
Socks	Walmart Wool Blend	Worn	\$3
Underwear	silk or polyester boxers	Worn	From Home
Shoes	Comfortable Running/Walking Shoes	Worn	From Home
Hat	Homemade: 1 yard Scrap of Polyester from Walmart Fabric Bin to make a large Bandana	Worn	\$1
Compass	Walmart Silva Compass	1.0	\$3
 <u>Essentials</u>			
	<u>Ziploc bag</u>	0.3	From Home
Hygiene	Alcohol gel in Micro bottle	0.5	\$1
Perscriptions/First Aid	Meds	0.5	From Home
Toothbrush	Toothbrush/toothpaste/floss	0.2	From Home
Soap	Campsoap repackaged in Murine Eyedrops or Breathsavers bottle	0.3	\$2
Bug Dope	Tube of Ultralon	2.0	\$5
Sun Screen	Repackage Sunscreen in a snack sized ziplock or small household container	0.5	
First Aid Supplies	Band-Aids, Snore Strips (sleep better), needle, Butterflies, gauze, in ziplock	1.5	From Home
Fire Starting Kit	1/2 small Bottle of Ronsonall Lighter fluid and a box of matches in a Ziplock	2.0	\$2
Emergency	AAA Solitare	1.0	\$3
Lighter	Bic Full Size Adjustable	In Pocket	\$1
Knife	Lightweight boxcutter from Walmart	In Pocket	\$1
ID	Cash, ID, and car key	0.1	\$0
Camera	Disposable	2.0	\$5
		161.0	
Total Base Pack in Pounds and Dollars		10.1	\$200

Expendables

2 Water -# of liters (Avg Carried)	4.4
5 TP - Paper Towel Squares - 4 per day	0.1
3 Days at 2 oz of Alcohol per day	0.4
3 Food -20oz per day times # of Days	3.8
Total Expendables	8.6

TOTAL PACK WEIGHT (lbs)

18.7

Weight in lbs.