

User Manual

Lightrek™ 4 Poles

Assembly and Adjustment

Lightrek™ 4 trekking poles are adjustable to 140 cm. Their adjustability comes from a simple rubber expanding component attached to the tip section. To assemble, adjust and tighten them simply insert the tip section into the grip section, set the length where you want it, then rotate the grip section clockwise. The expander will move down the threaded component when you do this, making contact with an aluminum inset in the tip section and will expand and grip the upper section internally. No need to keep turning and turning Hercules, you'll feel when it's tight - it just needs to feel snug. To adjust the length spin counter-clockwise about one half turn, just enough to loosen the hold, set your length then re-tighten. Again, no need to keep spinning. If you experience problems getting the expander to grab at some point, first clean it with your thumb or whatever is handy as there may be some grit on it, then try "seating" it right at the aluminum insert and give it just enough of a turn to start it expanding.

Recommendations for Use

Hiking, trekking, backpacking, mountaineering, etc. These are NOT ski poles and are use-specific engineered for trekking. While they are very robust we don't recommend them for for skiing or similar usage.

Straps

Lightrek™ 4 poles come without straps for several reasons. First, the goal was, believe it or not, to minimize the weight. Nylon webbing, at the cutting edge of ultralight where we live and work, turns out to be one of the heavier components that we utilize. The second reason for not having straps is it would add unneeded complexity to the handles. Last, with poles this light we just don't need or miss them. Most testers who bemoaned the lack of straps found they liked the poles better without straps, after using them for a few trips, because of the extreme light weight. This applied even to some pretty rabid strap users.

Baskets

Lightrek poles come with included trekking baskets.

Repair/Replacement

Should you break a section of a pole, you can call us at 512-374-0133 and we'll sell you a replacement pole or part. Replacement grips and baskets can be purchased from our website at <http://www.gossamergear.com>.

Care

At about a fraction of the weight of the most poles, LT4's may not be as robust as some other adjustable trekking poles on the market. We feel they are an appropriate balance between weight and strength for people who are extremely committed to having the lightest weight equipment. With that commitment comes the responsibility to potentially replace the poles more often than heavier poles. Testing has confirmed that the poles, like any, are prone to breakage if the tip gets lodged between rocks and you lever them forward. For this reason, we recommend keeping the trekking baskets installed at all times, just to help prevent the tip from getting in tight spots where breakage is likely. **KEEP IN MIND THAT BREAKAGE OF THE POLE IS NOT CONSIDERED A MANUFACTURING DEFECT UNLESS THERE IS SPECIFIC EVIDENCE TO THE CONTRARY.** For **EXTREME** activities where the reliance on sturdy poles is necessary, you may want to choose a different brand.

