

User Manual

NightLight™ Pads

Recommendations for Use

NightLight™ pads are designed to provide the lightest pad of significant thickness anywhere. They are made of solid, closed cell cross linked EVA polyolefin foam. Polyolefin foam is amazingly light and strong for its density. The pads are tough, flexible and resilient, and exhibit good UV stability. As a closed-cell foam, they will not absorb water.

The torso size is scored to fold handily in thirds to fit in the pad holders of all the Gossamer Gear® packs. One of the 'wings' is slightly smaller, this one should be folded in first, so the larger one will go over it and make a relatively compact bundle. The Full length pad cannot be used the same way, and must be rolled and attached to the outside of the pack.

Most people find that sleeping with the bumps up result in the greatest comfort, though we have met people who prefer the bumps down. Try it both ways and decide for yourself. Because the convolutions are solid instead of formed, they will not compact with time as much as a design like the Z-Lite™ pads.

The thought behind using a torso pad is that you can always find something to put your head on. Food bags, shoes, a stuff sack with unused clothing, even a water bladder filled with air are all possible choices. If you sleep on your back, you'll probably notice that not too much of your legs end up in hard contact with the ground. Many people find that throwing your empty pack, maybe some of your food bag, and paying particular attention to the selection of your sleeping location can enable them to get a reasonably good night's sleep on a torso-sized pad. There's always Tylenol PM, which is very light, and "dual use", by taking care of aches and pains from 30-mile days, plus allowing you to sleep on less pads by making it a little harder to wake up.

So get out there, and enjoy the lightness of your NightLight™ pad! Please forward any suggestions, and send us any user tips that can be added to the website.

