

Glen's Gear List - Summer Sierra Trip

		in pack	wear / carry	consume	on back
item	description / notes / rationale	4.49	4.93	8.27	12.76
PACK - SHELTER - SLEEPING					
backpack	GG Murrur	6.3			
waterproof pack cover	Mylar turkey bag	0.5			
sleeping pad	GG Thinlight 3/8" - 30" l, 12-16" w	2.1			
sleeping pad	tailbone pad	0.1			
shelter	Cuben wedge	2.7			
shelter support (poles, etc.)	(Using trekking poles)	0.0			
shelter stow sack	None	0.0			
stakes	4 Ti Goat carbon fiber	0.8			
stake bag	None	0.0			
guylines	Included in shelter	0.0			
sleeping bag	GG Sleepight (long) (prototype)	18.0			
ground sheet or bivy sack	GG polycryo - small	1.2			
CLOTHING					
underwear - bottoms	Ex Officio boxers		3.6		
base / wicking layer top	Columbia nylon Tamiami		7.3		
base / wicking layer bottom	REI covertibles (tall)		13.1		
insulating top	None - wear sleeping bag	0.0			
insulating bottoms	None	0.0			
raingear (hard shell) top	GG Driducks	5.4			
raingear (hard shell) bottoms	GG Spinnchaps	1.5			
waterproof glove shells	None	0.0			
windgear (soft shell) top	None	0.0			
windgear (soft shell) bottoms	None	0.0			
warm gloves	Possumdown	1.2			
warm hat	Possumdown	1.7			
sun hat	Tilley		3.3		
neck protection	Bandanna		0.9		
socks	Injinja toe socks		1.5		
spare socks	Coolmax	1.3			
sleeping socks	Possumdown	1.6			
gaitors	Simblissity		1.9		
shoes	Golite Sun Dragon size 13		30.2		
clothing stuff sack	Spectra laminate (homemade)	0.4			
COOKING - WATER					
stove	Trail Designs 'gram cracker' esbit stand	0.1			
windscreen	Trail Designs Caldera	1.0			
fuel bottle	none	0.0			
matches / lighter	Mini lighter	0.4			
cook pot	Trail Designs Fosters can	1.2			
utensils	McFreeze spoon	0.2			
food storage bag	homemade spinnaker	0.6			
bear bag hang system	aloksak, 60 ft. flat spectra, mesh bag	2.5			
water storage	GG 3 liter platy	1.5			
water storage	1 liter bottle	0.9			
hydration	GG platy drinking tube	2.7			
water treatment	GG Aquamira in mini bottles	1.0			
MISCELLANEOUS ITEMS					
flashlight / headlamp / whistle	Fenix LOD, derma-safe, whistle, lanyard		1.4		
trekking poles	GG Lightrek 130 cm (2007)		6.0		
headnet	Simblissity	0.4			
bug dope	Mini bottle	0.6			
sun	Dr. Outdoors	0.9			
toothbrush	GG Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
hygiene	Dr. Bronner's soap	0.3			
toilet paper	1/2 disposable shop towel per day	0.6			
hygiene	small bottle alcohol gel	0.6			
LNT kit	3 mil bags for packing out used TP	0.5			
small mesh bag	North Face	0.3			
blister & minor wound care	antibiotic, bandaids, compeed, etc	0.9			
meds	Imodium, Tums, tylenol pm, naproxin, etc	0.7		0.4	
notes	Sheet of waterproof paper, Sharpie	0.7			
firestarting kit	Sparker and tinder	0.2			
repair	duct tp, needle, thread, sfty pin, razor bld	0.3			
sunglasses on cord	Maui Jim titanium		1.5		
watch	Suunto Observer titanium		2.7		
compass	(on watch)	0.0			
camera (documentation)	Casio Exilim		5.4		
maps and permits		3.0			
CONSUMABLES					
food - snacks	4 days at 1.5 lbs.			96.0	
water	1 L average carried			32.0	
fuel	0.5 oz per day (hot dinners only)			1.5	