

Ultralight Makeover Filming	May 2004 San Jacinto	in pack	wear / carry	consume	total
item	description / notes / rationale	4.96	4.11	5.31	14.38
<b>PACK - SHELTER - SLEEPING</b>					
backpack	Gossamer Gear G6	3.6			
waterproof pack cover	Trash compactor bag (also 1/2 bivy)	2.3			
sleeping pad	15" x 29" x 3/8" blue foam	2.2			
waterproof sleeping pad stow sack		0.0			
shelter	Spinnponcho	6.5			
shelter support (poles, etc.)	(Using trekking poles)	0.0			
shelter stow sack		0.1			
stakes	8 Simon titanium	2.0			
stake bag		0.0			
guylines	Gossamer Gear spectra 200	2.0			
sleeping bag	Sukalac	16.0			
waterproof sleeping bag stuff sack	None - inside trash compactor bag	0.0			
ground sheet or bivy sack	1/2 mylar emergency blanket	0.9			
<b>CLOTHING</b>					
underwear - bottoms	(built into shorts)		0.0		
underwear - bra (women)	N/A		0.0		
base / wicking layer top	Icebreaker superfine wool		9.9		
base / wicking layer bottom	Columbia Snake River shorts		7.7		
insulating top	WM Flight down jacket	11.3			
insulating bottoms	REI Polarstretch	9.2			
raingear (hard shell) top	(Spinnponcho)	0.0			
raingear (hard shell) bottoms	(Spinnponcho)	0.0			
waterproof glove shells	(use ziplocs in emergency)	0.0			
windgear (soft shell) top	Patagonia dragonfly	3.6			
windgear (soft shell) bottoms	(Spinnponcho)	0.0			
warm gloves	Possumdown	1.3			
warm hat	Mtn Hardware Polarstretch balaclava	1.3			
sun hat	Sahale sombrero		3.0		
neck protection	Bandanna		1.2		
socks	Smartwool Adrenaline		1.9		
spare socks	Fleece sleeping socks	2.7			
shoes	Montrail Vitesse		32.0		
clothing stuff sack	None	0.0			
<b>COOKING - WATER</b>					
stove	Mini pepsi can stove with pot stand	0.4			
windscreen	Heavy duty foil	0.3			
fuel bottle	Platypus Lil' Nipper	0.6			
matches / lighter	Strike anywhere matches	0.2			
cook pot	Snowpeak 600 titanium mug	2.8			
cook pot lid	Foil	0.1			
drinking mug	(Snowpeak 600)	0.0			
utensils	Lexan spoon	0.3			
food storage bag	Aloksak	1.1			
bear bag hang system	N/A	0.0			
water storage	2 L platy, 1L platy	2.1			
water treatment	Aquamira in mini bottles	1.0			
<b>MISCELLANEOUS ITEMS</b>					
flashlight / headlamp	1 red and 1 white photon		0.4		
trekking poles	Gossamer Gear Lightrek 130 cm		4.5		
headnet		0.7			
bug dope	Small bottle DEET	0.4			
sun	Aloe Gator, Blistex Ultra	1.0			
toothbrush	Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
alcohol hand gel	Dr. Bronner's soap	0.2			
toilet paper	8 squares per day	0.5			
feminie hygiene (women)	N/A	0.0			
blister & minor wound care		2.3			
whistle			0.1		
firestarting kit		0.2			
repair (bulbs, batteries, etc.)	(included in with first aid)	0.0			
sunglasses on cord			1.5		
watch	Suunto		2.5		
compass	(on watch)	0.0			
maps and permits			1.0		
<b>CONSUMABLES</b>					
food	2.5 days at 1.25 lbs			50.0	
water	1 L average carried			32.0	
fuel	2 dinners, 1 breakfast			3.0	